

Hi there,

My name is Chris, and I'm a grateful recovering addict (17+ years) and the son (and grandson) of military veterans. I'm also one of the founders of the new website, AddictionGuide.com. Addiction Guide is one of the <u>only</u> educational websites founded by a recovering addict, an addict's spouse, and a board-certified addiction doctor.

## Did you know that 1.3 MILLION Veterans reported battling substance abuse in 2019?

My dad proudly served in the early 1960s but after returning to the USA after serving in the United States Marine Corps, my father battled alcoholism. When I found myself in the grips of the opioid epidemic, my dad was there to walk with me and helped me get sober. *He was my hero*. Dad passed away from service-related cancer in 2018, but he gave me the heart to serve veterans facing substance abuse, and Addiction Guide is passionate about our vets.

Research shows that military veterans are at a higher risk than civilians of developing addictions and severe mental health issues such as post-traumatic stress disorder (PTSD). Addiction Guide is committed to helping save innocent veterans' lives from drug overdose and suicide, but we need your help.

While I was researching websites with helpful information about addiction and mental health issues, I came across VFW Post 12043 and noticed the valuable resources you have available here - https://vfw12043.org/di/vfw/v2/default.asp?pid=69443.

I've put together a guide that educates about the risk of substance abuse in military veterans: <u>https://www.addictionguide.com/addiction/veterans/</u>

Will you help us save veterans by adding a link to our website?

Thank you,



**Chris Carberg -** Founder & Grateful Recovering Addict (2005) Addiction Guide 1187 Falling Pine Ct Winter Springs, FL 32708